



FRONTLINES

Fall 2018 VOLUME 38 ISSUE 3
Official Periodical of the Washington Association
of Designated Crisis Responders

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October 11-12
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Everett, WA

2018 Election Edition

PRESIDENT

1ST VICE PRESIDENT

TREASURER



WADCR FALL CONFERENCE

October 11 & 12, 2018

Sun Mountain Lodge, Winthrop, Washington
509-996-2211 / www.sunmountainlodge.com

Conference discounted rate: \$93.00/night + tax

Fall Conference fee: **\$90.00** / Continuing Education: **CEU/CME: 9.5**

Register and pay for the conference at our Website WADCR.org* We will make lodging reservations for you when you indicate while registering on our website, however you will need to arrange pay for your Sun Mountain stay by contacting them at: 509-996-2211 or online at: www.sunmountainlodge.com.

* Go to <https://wadcr.org/conferences.html> and click on Details and Tickets; or, call/email: wadmhp@gmail.com
Renee Morrison at 509-447-5651 rmorrison@pendoreille.org /
Shelby Whitworth at 509-838-4651 swhitworth@fbh.com

Resiliency in Challenging Times

Anneleen Severynen and Lisa Brown

BA, RN, MN

MA, LMFT



Anneleen Severynen, BA, RN, MN, has nearly 30 years of experience working with vulnerable populations both internationally and in the United States. She became interested in staff resiliency and burn out prevention when working as a health educator and HIV test counselor in the early 1990's, during the HIV epidemic.

She has worked as an outreach worker, health educator, HIV program manager, public health nurse, trainer, and consultant. She worked in HIV research and has co-authored several publications on HIV testing accessibility. She served as the Clinical Lead of the Health Care for the Homeless Network where she developed a series of Trauma Informed Care and Resiliency Trainings for staff from homeless service agencies throughout King County.

Currently, she is the Training and Development Supervisor at Community Health Services Seattle, WA. She received her bachelors in Community Studies

from the University of California, Santa Cruz and her master's from the University of Washington in Cross Cultural Community Health Care. Anneleen continues to lead trainings in Trauma Informed Care, Resiliency, Harm Reduction and Communicable Disease Prevention.

Lisa Brown, MA, LMFT, is a multi-disciplined mental health educator and clinician. She is trained in depth psychotherapy, as well as community mental health models that emphasize brief, goal-directed treatment, advocacy and crisis management. She practices from a trauma-informed, developmental perspective that weaves attachment theory, internal family systems, interpersonal neurobiology and utilizes tools from ACT, EMDR, and Somatic Therapy.

She completed graduate coursework in Developmental Psychology and Counseling Psychology at San Francisco State University and the Wright Institute in Berkeley. She received advanced training in Psychodynamic Therapy from the Psychotherapy Institute in Berkeley. She is a certified Trauma Specialist Professional and has done intensive work in Couple's Therapy with The Relational Life Institute, The Gottman Institute, and The Couples Institute.

She has worked therapeutically with children, teens, and families in clinics, school settings, and in her private practice. Additionally, she has a specialty working with people with neurological disorders and currently practices at the Hallowell Todaro ADHD center in Seattle and Kirkland.

Washington Designated Crisis Responder Association Elections

In accordance with the WADCR Association Bylaws, Article III: Officers*, the positions of President, First Vice President and Treasurer are open for election this year.

As posted in the Summer Edition of Frontlines, candidates were requested to submit a Candidate Statement by September 1, 2018. Elections will be held at the October 11-12 Fall Conference at Sun Mountain Lodge.

The individuals currently holding office are seeking re-election to their positions.

Current officers are:

President: Carola Schmid – Snohomish County

First Vice President: Shelby Whitworth – Spokane County

Treasurer: Gary Carter – Kitsap County

Requirements:

Current Designated Crisis Responder

A desire to make a difference!

The WADCR Executive Board received no other candidate nominations.

*WADCR Association Bylaws can be reviewed at <https://wadcr.org/bylaws.html>



Washington Association of Designated Crisis Responders Executive Committee

President

Carola Schmid

wadmhp@gmail.com

1st Vice President

Shelby Whitworth

509-838-4651

swhitworth@fbhwa.org

2nd Vice President

Renee Morrison

509-447-5651

rmorrison@pendoreille.org

Treasurer

Gary Carter

360-415-5865

garyc@kmhs.org

Secretary

Brandon Foister

360-676-2020

Steven.Foister@compassh.org

Chair

Education and Legislative Committee

Diane Swanberg

206-263-1438 desk line

diane.swanberg@kingcounty.gov

Executive Board Candidate Statements

Position – President

Candidate – **Carola Schmid**

“After thinking about it for some time I have decided that I would like to continue to serve as the President of the WADCR Association and that I will be running for election this fall. I have been on the WADCR Board since the spring of 2015. I served as 1st Vice president until January of 2018 and then stepped into the President’s role when the previous President stepped down. I have enjoyed serving on the board and am excited about our new legislative committee as well as other changes we have made. I am looking forward to being actively involved in the upcoming legislative session.

“I have particularly enjoyed teaching at academies over the past two years and corresponding with DCRs across the state. Below is a little bit about me:

“I moved from Germany to Seattle in 1992 after graduating with a BA in psychology from the University of Tübingen in Southern Germany. I briefly attended the University of Washington as an exchange student and then transferred to Antioch for my graduate degree which I completed in 1994. Despite having had very different plans like private practice, long-term therapy, Jungian analysis and all that, I realized quickly that I loved crisis work. During my internship I was asked to occasionally help out on the voluntary crisis team and so far, I haven’t looked back. I stayed as a clinician on the voluntary crisis team from 1994 until 2001.

“I became a DMHP with Snohomish County in 2001 and have been managing the team for the last seven years. Despite all the struggles we face, I am still passionate about DMHP/DCR work and have enjoyed being more involved as a board member and, more recently, as the President of the Association. Outside of work I love fencing, skiing, traveling and cooking with lots of different spices. This summer I have added paddle boarding to my fun activities; I decided to buy a board a couple of weeks ago which has been very enjoyable.

“If elected I would be pleased and proud to continue to serve as the President of our association for 2 more years.”

Position – Vice President

Candidate – **Shelby Whitworth**

“I joined the Association board in 2016 as Secretary. In October 2017, I was elected Second Vice President and in January was appointed First Vice President. It has been a privilege to work with all the members of the board. We have worked hard to make the association relevant and up to date. I am excited to continue our work and bring more education and collaboration for the DCR’s. I am happy to have my name on the ballot for First Vice President on the ballot for 2018.”

Position – Treasurer

Candidate – **Gary Carter**, LICSW, DCR

Kitsap Mental Health Services, Bremerton, WA

360-415-5865

MSW: USC 1983 / CDMHP: 1999

WACDMHP Treasurer: 2000; Past President, 2005

DMHP Supervisor @ KMHS: Nov 2006

Intensive Services Director: Oct 2016

“Before coming to Kitsap Mental Health (KMHS) in 1995 I worked in hospital emergency rooms and outpatient in respiratory, cardiac, diabetes and oncology outpatient programs. Within the hospital setting I worked as an inpatient social worker, within a regional trauma center as an ED and ICU social worker, within oncology units and as a discharge planner. Most of that time however, I served as the manager of the hospital social work department and responded to ED calls as my clinical contribution to the hospital.

“At KMHS I have worked as the program manager at our E&T and have been a CDMHP, DMHP and now a DCR and DMHP/DCR supervisor. Now in a new role as an administrator at KMHS I have continued both to keep my skills and knowledge of DCR policies and procedures current so as to be a better manager for our agency’s DCR supervisor and so I can act with confidence as liaison to our local community. Also, I have not let my designation lapse because I have always found great pleasure in working with other DCR’s involved with the Association.

“If elected for this term as Association Treasurer, I will be happy and proud to continue this long involvement with the WADCR Association and its mission to support mental health professionals who are doing the most difficult job in the State of Washington.”

30 DCRs walk into a bar – What could they possibly have to talk about?

Admit it, you’re curious too. The WADCR Association Executive Board cordially invites you to the Inaugural Fall Conference Social in the Wolf Creek Bar and Grill at Sun Mountain Resort.

Social begins at 6:00 P.M. on October 10th and ends when we’re asked to leave. We hope to see you all there!

Attention previous DCR Association Presidents!!

Are You a previous DCR (DMHP) Association President? If yes, the WADCR Executive Board would like to thank you for the dedication and leadership that you provided to the association and your fellow DMHPs (DCRs).

We would like to sponsor your participation at the WADCR Fall Conference at Sun Mountain Lodge to honor your service. Email the registrar, Gary Carter, at wadcr.org for more information.

We hope to see you at Sun Mountain!

Fall DCR Academy:

When: November 5 – 9, 2018

**Where: Best Western 2800, Pacific Ave,
Everett, WA**

The scoop:

- ✚ 40 hours of continuing education for new DCRs or DCRs that are looking for a refresher.
- ✚ Lodging is free in a double room, if you'd like a single room you or your agency will be responsible to pay \$ 50 per night at time of check in.
- ✚ Breakfast will be provided as well as coffee, tea and cookies throughout the day. Lunch & dinner are on your own.
- ✚ Classes run from 8-5 daily with a lunch break on your own
- ✚ There will be an evening social, most likely Wednesday or Thursday. The Association will organize a place, you are responsible for food/beverages.
- ✚ Sign up via brown paper tickets on our website www.wadcr.com

